































# NFAA SHOOTING STYLES

If You Shoot ...	<i>and you are an ...</i>	Adult	Young Adult/ Youth/Cub/PeeWee
 +  +  + 		FS	FS
 +  +  + 		FSL	FSL
 +  +  + 		BHFS	FS
 +  +  + 		BHFSL	FSL
 +  + 		BH	BB
 +  + 		BB	BB
 + 		Trad-RC	BB
 + 		Trad-LB	BB
 +  +  + 		FSL-R/LB	FSL-R/LB

**Key** FS = freestyle  
 BH = bowhunter  
 BHFS = bowhunter freestyle  
 Trad-RC = traditional recurve  
 FSL-R/L = freestyle limited–recurve longbow (basically FITA Freestyle)

FSL = freestyle limited  
 BHFSL = bowhunter freestyle limited  
 BB = barebow  
 Trad-LB = traditional longbow

*Note*—In the Junior Division—Young Adult (15-17 years old), Youth (12-14 years old), Cub (under 12 years old)—there are only four styles recognized—FS, FSL, BB, and FSL-R/LB.